

WATFORD SWIMMING CLUB  
 2<sup>nd</sup> Middle Distance Meet  
 28<sup>th</sup> November 2009

(Level 2 License applied for)



Watford's  
 2nd  
 Invitation  
 Middle Distance  
 Open

## QUALIFYING TIMES

<b>BOYS</b>	<b>Qualifying Times</b>							<b>Short Course Pool</b>
Minimum Permitted Qualifying Times								
EVENT	10	11	12	13	14	15	16+	
200m Freestyle	3.06.0	2.54.8	2.44.7	2.35.0	2.26.6	2.20.8	2.16.3	
400m Freestyle	6.31.8	6.06.0	5.46.0	5.26.8	5.10.4	4.57.5	4.48.7	
200m Breaststroke	3.59.0	3.42.4	3.29.2	3.15.3	3.03.9	2.55.8	2.50.7	
200m Butterfly	3.37.3	3.18.2	3.06.6	2.54.7	2.44.7	2.35.5	2.31.7	
200m Backstroke	3.26.7	3.13.3	3.02.6	2.51.1	2.41.4	2.34.3	2.29.8	
200m Individual Medley	3.32.2	3.17.6	3.06.8	2.55.8	2.45.3	2.38.2	2.33.7	
400m Individual Medley	7.35.6	6.59.7	6.34.3	6.12.0	5.50.3	5.34.6	5.25.4	

<b>GIRLS</b>	<b>Qualifying Times</b>							<b>Short Course Pool</b>
Minimum Permitted Qualifying Times								
EVENT	10	11	12	13	14	15	16+	
200m Freestyle	3.06.8	2.55.4	2.44.9	2.38.0	2.33.5	2.30.2	2.28.0	
400m Freestyle	6.35.7	6.04.9	5.43.7	5.29.8	5.20.8	5.13.8	5.10.2	
200m Breaststroke	3.59.5	3.42.1	3.28.8	3.18.2	3.11.5	3.07.9	3.05.8	
200m Butterfly	3.40.0	3.20.2	3.06.4	2.57.3	2.51.0	2.46.9	2.44.8	
200m Backstroke	3.28.7	3.12.5	3.01.7	2.54.3	2.49.2	2.44.8	2.42.4	
200m Individual Medley	3.32.7	3.17.9	3.06.3	2.58.8	2.53.1	2.49.5	2.47.2	
400m Individual Medley	7.35.3	6.57.3	6.32.0	6.14.4	6.03.1	5.55.8	5.50.5	